**STUDENT SUCCESS PLAN**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  |  |  |
| *Student Name* |  | *Signature* |  | *Date* |
|  |  |  |  |  |
| *Parent Name* |  | *Signature* |  | *Date* |
|  |  |  |  |  |
| *Counselor Name* |  | *Signature* |  | *Date* |
|  |  |  |  |  |
| *Advisor Name* |  | *Signature* |  | *Date* |

Your teachers, advisor, counselor and administration at xmxmxmxmxm are committed to helping you reach your academic and personal goals. This worksheet is designed to develop a plan to help you achieve success as a student.

Be honest with yourself about the commitment and effort you are willing to invest so that you can develop a plan that is achievable and workable for you.

**Step 1: Identify the obstacles you are encountering.**

Using the table below, identify the greatest obstacles you are now facing and how they are interfering with your academic success

|  |  |
| --- | --- |
| Obstacle | How di d this obstacle interfere with your success?  (Be specific). |
|  |  |
|  |  |
|  |  |
|  |  |

\_\_I didn’t go to class, or I didn’t come to school

\_\_I didn’t pay attention in class

\_\_I didn’t turn in homework or other assignments (or turned them in late)

\_\_I didn’t study enough

\_\_I didn’t manage my time well

\_\_I watched too much TV

\_\_I spent too much time on the internet, Facebook or playing video games

\_\_I wasn’t organized enough

\_\_I procrastinated too much

\_\_I didn’t participate in class

\_\_I had test anxiety

\_\_I had health problems

\_\_I didn’t get enough sleep

\_\_I became frustrated about my performance and just gave up

\_\_I think I might have an undiagnosed learning disability

\_\_I had difficulty prioritizing between school work and social activities

\_\_I wasn’t motivated enough

\_\_I had personal problems or issues

\_\_Other (be specific) ­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­

**Step 2: Generate potential solutions for overcoming the obstacles you listed.**

In the chart below list the academic obstacles you are currently facing and the possible solutions.

|  |  |
| --- | --- |
| Obstacle | Solution |
|  |  |
|  |  |
|  |  |
|  |  |

|  |  |
| --- | --- |
|  | I will develop a time management plan that works for me |
|  | I will attend all of my classes, I will come to school every day |
|  | I will go to class prepared |
|  | I will stay focused in class |
|  | I will set a study schedule for each class and follow it |
|  | I will study in a place that allows me to get my work done |
|  | I will attend tutoring sessions |
|  | I will make better choices regarding my health, sleeping and eating habits |
|  | I will ask my teachers for help if I am having difficulty |
|  | Other solutions that will allow me to be successful |
|  |
|  |
|  |
|  |  |
|  |

**Step 3; Develop your plan of action!**

Write your most important goal down below. Using the solutions you generated, list the steps you will take to reach your goal and the date by which you will complete those steps. Use the SM A RT formula for achieving your goal.

S= Specific: Make your go a l a s specific a s possible .

*Example: I will have a 2.5 cumulative GPA by the end of the 2011-2012 second semester.*

M=Measurable : Be sure that you r goal is measurable .

*Example: I will be able to measure whether or not I have achieved my desired GPA at the end of*

*the semester.*

A= Attainable : Set goals that you can achieve

*Example: I have done the math and know that a 2.5 cumulative GPA by the end of the semester is*

*possible.*

R= Realistic: Set goals that are realistic

*Example: I can realistically achieve a 2.5 cumulative GPA if I earn 4 B’s and 1 C this semester.*

T=Timely: Establish a time line f o r reaching you r go a l

*Example: I can achieve my goal by the end of the spring 2012 semester.*

|  |  |
| --- | --- |
|  |  |
|  |  |
|  |  |
|  |  |

**Step 5: Remember that with effort and persistence, you can be a successful and positive student! Keep the following in mind:**

1. BE COMMITTED to achieving academic success
2. UNDERSTAND what academic probation means and what grades you’ll need to earn to return to good academic standing.
3. IDENTIFY the problems that led to your poor grades
4. CONSIDER all of your options- cutting back on extracurricular activities, repeating courses.
5. LET OTHERS ASSIST YOU and take advantage of the student support services such as tutoring, personal counseling, and academic coaching. Your advisor is an excellent resource person as well.
6. THINK POSITIVELY and WORK HARD. DON’T GIVE UP!

**Notes:**

|  |
| --- |
|  |